



# HCD Contra Bulletin

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Ted Crane

This month's **HCD 2nd-Saturday Contra dance** will be **May 12** at the **Griffith Academy**, 275 Main Street, Wethersfield. The new-dancer workshop will begin at **7:15**, followed by the dance **from 7:30–10:30**. Live music will be provided by **Dogtown**, with caller **Ted Crane**. If you play an instrument join us for the **jam session** from **5:45–7:15**, and if you've come just for the dance there will be a free **new-dancer workshop** from **7:15–7:30**. If you're new to contra dancing, the workshop will have you dancing in no time. And even if you're a contra pro, come to the workshop to brush up on your moves and show the newbies a thing or two.



Dogtown

**Admission:** Seniors (65+), \$10; students, \$5; volunteers, free; everyone else, \$12. To make contra dancing accessible to all, we will work with anyone who cannot pay.

**Directions:** Take I-91 to Exit 26, "Old Wethersfield." If you're coming from the north, turn right at the bottom of the ramp onto Great Meadow Rd.; if you're coming from the south, turn left at the bottom of the ramp onto Great Meadow Rd. Then take an immediate left onto Marsh St. and follow Marsh St. to Main St. (landmark: flagpole). Turn right onto Main St., then drive one block to the **Griffith Academy**, 275 Main St., Wethersfield, a white churchlike building on the left.



**Wear** what makes you feel like dancing, as long as it includes clean, comfortable, flat-soled shoes.

## Future HCD 2nd-Saturday Contra Dances:

- Jun 9 Gotham Gals, with caller Steve Holland
- Jul 14 The French Connection, with caller Tod Whittemore
- Aug 11 Band TBD, with caller TBD
- Sep 8 Eric Eid-Reiner & Friends, with caller Sandy LaFleur
- Oct 13 Old Town Trio, with caller Melanie Axel-Lute
- Nov 10 The Fiddleheads, with caller Jim Gregory

**May Get-In-Free Promotion:** In order to increase attendance at our monthly HCD 2nd-Saturday Contra dances, if you haven't danced with us in 2016–18, we'll admit you for free. If you have danced with us but bring a friend who has not, we'll admit both of you for free.





**HCD Website:** Have you had a chance yet to check out the all-new [HCD website](#)? If you haven't, you're in for a pleasant surprise when you do because it's jam-packed with all the information you need about not only our contra dances but all of HCD's other monthly dances—swing, swing jam, mostly waltz, and cajun/zydeco. The new site has lots of pictures, videos, and colorful cyber doodads to make it even more appealing. We hope you'll visit our new site every month to keep up-to-date on all of HCD's goings-on.

**Safety Suggestions:** Please be mindful of safety as you dance.

- Dancers (especially children) must be able to dance on their own—i.e., no three-somes, no kids being carried, no babies in backpacks, etc.
- Don't lift anyone off the floor; be gentle with hands, thumbs, and fingers; and respect your partner's wishes for swing speed and twirls.
- Crowded dance floor? Swing with your elbows bent and close to you. Your neighbors will appreciate not being elbowed.
- Report your safety concerns to a dance volunteer.

## A Word From the Contra Committee Chair



Finally the unseasonable snowstorms are history, spring has arrived, and pretty soon we'll be sweltering. I suppose I can't use my normal "a warm welcome awaits you"—though it's true—in contrast to cold weather, so let's just say we'll be very pleased if you can join us for our May contra dance.

In May we'll be repeating our promotion of the last couple months: If you have never danced with us before (or, let's say if you haven't danced with us in 2016–18), we'll admit you for free. If you have danced with us but bring a friend who has not, we'll admit both of you for free. We really are working to increase attendance at our dances, and we hope you'll help us by coming to the dance and bringing friends.

*Rob Lindauer, Contra Committee Chair*

Our latest flyer:



January–June 2018

# HCD Contra

Second Saturday of Every Month

**Griffith Academy**

275 Main Street, Wethersfield • Minutes off I-91 Exit 26

**Jam Session 5:45–7:15 (no charge; bring your instrument)**

**New-Dancer Lesson 7:15–7:30 • Dance 7:30–10:30**

**Seniors (65+) \$10 • Students \$5 • Volunteers Free • All Others \$12**

→ Our dances are smoke-, alcohol-, and fragrance-free.

→ First time at our dance? Receive a get-in-free-next-time coupon.



→ Wear clean, comfortable, flat-soled shoes.

→ All dances taught and prompted.

January–June 2018

**January 13**

Band: Fifers Delight  
Caller: Derek Kalish

**February 10**

Band: Chicks 'n Sync  
Caller: Don Heinold

**March 10**

Band: Wry Bred  
Caller: Rich Sbardella

**April 14**

Band: Wild Notes  
Caller: Bill Fischer

**May 12**

Band: Dogtown  
Caller: Ted Crane

**June 9**

Band: Gotham Gals  
Caller: Steve Holland

**HCD Contra** is part of **Hartford Community Dance**. Learn more about us online at <http://www.hcdance.org>. Call us for info, including cancellation notices, at 1-860-232-2504, or email [HCD.Contra@gmail.com](mailto:HCD.Contra@gmail.com).



The *HCD Contra Bulletin* is emailed to subscribers on the Wednesday preceding each HCD Contra dance (which is held on the second Saturday of each month). If you are not a subscriber but would like to be one, [reply to this email](#) with SUBSCRIBE ME in the subject line and your full name in the body of the email.

Questions? Call 1-888-423-0423 or [email us](#).

For more info, [reply to this email](#) with INFO in the subject line and your question(s) in the body of the email.

Volunteers at our dances receive free admission in exchange for 30 minutes of their time. To be added to our list of prospective volunteers, [reply to this email](#) with VOLUNTEER in the subject line and your full name in the body of the email.

This contra dance series is part of [Hartford Community Dance \(HCD\)](#). [Sign up here](#) to receive info about all our dances, including cancellation notices.

 See us on [facebook here](#).

To be removed from this HCD Contra email list, [reply to this email](#) with REMOVE in the subject line.