



HCD Contra Bulletin

Vol. 10, No. 2 • February 2018



Don Heinold

This month's HCD contra dance will be **February 10** at the **Griffith Academy**, 275 Main Street, Wethersfield. The new-dancer workshop will begin at **7:15**, followed by the dance from **7:30-10:30**. Live music will be provided by **Chicks 'n Sync**, with caller **Don Heinold**. If you play an instrument join us for the **jam session** from **5:45-7:15**, and if you've come just for the dance there will be a free **new-dancer workshop** from **7:15-7:30**. If you're new to contra dancing, the workshop will have you dancing in no time. And even if you're a contra pro, come to the workshop to brush up on your moves and show the newbies a thing or two.



Chicks 'n Sync

Admission: Seniors (65+), \$10; students, \$5; volunteers, free; everyone else, \$12. To make contra dancing accessible to all, we will work with anyone who cannot pay.

Directions: Take I-91 to Exit 26, "Old Wethersfield." If you're coming from the north, turn right at the bottom of the ramp onto Great Meadow Rd.; if you're coming from the south, turn left at the bottom of the ramp onto Great Meadow Rd. Then take an immediate left onto Marsh St. and follow Marsh St. to Main St. (landmark: flagpole). Turn right onto Main St., then drive one block to the **Griffith Academy**, 275 Main St., Wethersfield, a white churchlike building on the left.



Wear what makes you feel like dancing, as long as it includes clean, comfortable, flat-soled shoes.

Future HCD Contra Dances:

- Mar 10 Wry Bred with caller Rich Sbardella
- Apr 14 Wild Notes, with caller Bill Fischer
- May 12 Dogtown, with caller Ted Crane
- Jun 9 Gotham Gals, with caller Steve Holland



HCD Website: Have you had a chance yet to check out the all-new [HCD website](#)? If you haven't, you're in for a pleasant surprise when you do because it's jam-packed with all the information you need about not only our contra dances but all of HCD's other monthly dances—swing, swing jam, mostly waltz, and cajun/zydeco. The new site has lots of pictures, videos, and colorful cyber doodads to make it even more appealing. We hope you'll visit our new site every month to keep up-to-date on all of HCD's goings-on.

Dance Cancellations: With winter well upon us, remember that there is always a chance we will have to cancel one of our dances because of dangerous driving conditions and parking bans at our Wethersfield venue. If we are forced to cancel a dance, we will let you know in a number of ways: if you are on our list to be emailed the *HCD Contra Bulletin* each month, we will send you a cancellation notice via email by 3:00 p.m. on the day of the dance; also by 3:00 p.m. on the dance date there will be a cancellation notice on the homepage of the [Hartford Community Dance website](#); and cancellation notices will appear in lists of cancellations broadcast by local radio and TV stations.

Safety Suggestions: Please be mindful of safety as you dance.

- Dancers (especially children) must be able to dance on their own—i.e., no three-somes, no kids being carried, no babies in backpacks, etc.
- Don't lift anyone off the floor; be gentle with hands, thumbs, and fingers; and respect your partner's wishes for swing speed and twirls.
- Crowded dance floor? Swing with your elbows bent and close to you. Your neighbors will appreciate not being elbowed.
- Report your safety concerns to a dance volunteer.

A Word From the Contra Committee Chair



“The most serious charge which can be brought against New England is not Puritanism, but February.... Spring is too far away to comfort even by anticipation, and winter long ago lost the charm of novelty. This is the very three a.m. of the calendar.” —Joseph Wood Krutch

We don't know yet whether it will be cold and snowy for our February contra dance, or cold and wet, or just cold and raw. But regardless of what's going on outdoors, a warm welcome will await you.

We'd like to increase the attendance at our dances, and you, the dancers, can help by telling your friends what great fun and exercise contra dancing is, and how welcoming contra dancers are.

Another way you can help is by volunteering to assist at the dances. We have a list of volunteer needs, from a one-time 30-minute shift at the admission desk, to a longer-term commitment by joining our Contra Committee. Without volunteer support our monthly contra dances could end as our New Year's Eve dances have ended due to lack of volunteer support. To volunteer or to get more info about volunteering, please talk to any Committee member at the February dance, or [email us](#).

Rob Lindauer, Contra Committee Chair

Our latest flyer:



January–June 2018

HCD Contra

Second Saturday of Every Month

Griffith Academy

275 Main Street, Wethersfield • Minutes off I-91 Exit 26

Jam Session 5:45–7:15 (no charge; bring your instrument)

New-Dancer Lesson 7:15–7:30 • Dance 7:30–10:30

Seniors (65+) \$10 • Students \$5 • Volunteers Free • All Others \$12

→ Our dances are smoke-, alcohol-, and fragrance-free.

→ First time at our dance? Receive a get-in-free-next-time coupon.



→ Wear clean, comfortable, flat-soled shoes.

→ All dances taught and prompted.

January–June 2018

January 13

Band: Fifers Delight
Caller: Derek Kalish

February 10

Band: Chicks 'n Sync
Caller: Don Heinold

March 10

Band: Wry Bred
Caller: Rich Sbardella

April 14

Band: Wild Notes
Caller: Bill Fischer

May 12

Band: Dogtown
Caller: Ted Crane

June 9

Band: Gotham Gals
Caller: Steve Holland

HCD Contra is part of **Hartford Community Dance**. Learn more about us online at <http://www.hcdance.org>. Call us for info, including cancellation notices, at 1-860-232-2504, or email HCD.Contra@gmail.com.



The *HCD Contra Bulletin* is emailed to subscribers on the Wednesday preceding each HCD Contra dance (which is held on the second Saturday of each month). If you are not a subscriber but would like to be one, [reply to this email](#) with SUBSCRIBE ME in the subject line and your full name in the body of the email.

Questions? Call 1-888-423-0423 or [email us](#).

For more info, [reply to this email](#) with INFO in the subject line and your question(s) in the body of the email.

Volunteers at our dances receive free admission in exchange for 30 minutes of their time. To be added to our list of prospective volunteers, [reply to this email](#) with VOLUNTEER in the subject line and your full name in the body of the email.

This contra dance series is part of [Hartford Community Dance \(HCD\)](#). [Sign up here](#) to receive info about all our dances, including cancellation notices.

 See us on [facebook here](#).

To be removed from this HCD Contra email list, [reply to this email](#) with REMOVE in the subject line.